

# North Carolina 4-H Horse Show Adaptive Riding Division Medical History Form

Date \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Pulse \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Diagnosis \_\_\_\_\_

Cause \_\_\_\_\_

Medications (type, purpose, dose) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If Downs Syndrome, Atlanto-Axial Subluxation? Yes \_\_\_\_\_ No \_\_\_\_\_

Cervical X-ray for Atlanto-Axial Subluxation? Pos. \_\_\_\_\_ Neg. \_\_\_\_\_ Date \_\_\_\_\_

Tetanus Shot? Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

Please indicate if the client has or has a history of the following secondary problems. If YES, please include COMPLETE information pertaining to the problem.

<b>Problem</b>	<b>Yes</b>	<b>No</b>	<b>If Yes, or history of, describe:</b>
<i>Auditory Impairment</i>	_____	_____	_____
<i>Learning Disability</i>	_____	_____	_____
<i>Mental Impairment</i>	_____	_____	_____
<i>Psychological Impairment</i>	_____	_____	_____
<i>Speech Impairment</i>	_____	_____	_____
<i>Visual Impairment</i>	_____	_____	Glasses: _____
<i>Allergies</i>	_____	_____	_____
<i>Cardiac</i>	_____	_____	_____
<i>Circulatory</i>	_____	_____	_____
<i>PVD</i>	_____	_____	_____
<i>Postural Hypotension</i>	_____	_____	_____
<i>Hemophilia</i>	_____	_____	_____
<i>Pulmonary</i>	_____	_____	_____
Asthma/COPD	_____	_____	_____
<i>Neurological</i>	_____	_____	_____
Seizures	_____	_____	Type: _____
Controlled	_____	_____	Last Seizure: _____
Hydrocephalus	_____	_____	_____
Shunt	_____	_____	# Revisions: _____
Sensory Loss	_____	_____	_____
Pain	_____	_____	_____

<b>Problem</b>	<b>Yes</b>	<b>No</b>	<b>If Yes, or history of, describe:</b>
<i>Muscular</i>	_____	_____	_____
Contractures	_____	_____	_____
<i>Skeletal</i>	_____	_____	_____
Spinal Column Injury	_____	_____	_____
Subluxing Joints	_____	_____	_____
Dislocating Joints	_____	_____	_____
Laminectomy/Fusion	_____	_____	_____
Scoliosis (degree, type, brace, last X-ray)	_____	_____	_____
Kyphosis/Lordosis	_____	_____	Degree, type_____
Spondylolisthesis	_____	_____	_____
Spinal Abnormality	_____	_____	_____
Osteoporosis	_____	_____	_____
Heterotrophis Ossification	_____	_____	_____
Joint Disease	_____	_____	_____
Cranial Defects	_____	_____	_____
Fractures	_____	_____	Location?_____ Healed?_____
<i>Other</i>	_____	_____	_____

**Medical History**

Please explain any medical problems not indicated above.

\_\_\_\_\_

\_\_\_\_\_

Please indicate any special precautions.

\_\_\_\_\_

\_\_\_\_\_

**Mobility Status**

Ambulatory? Yes\_\_\_\_\_ No\_\_\_\_\_ Can the student walk independently? Yes\_\_\_\_ No\_\_\_\_\_

If no, describe:\_\_\_\_\_

**Prosthetics/Orthodontics**

Type\_\_\_\_\_ Purpose\_\_\_\_\_

Type\_\_\_\_\_ Purpose\_\_\_\_\_

Please give any other additional information that might help us to work with this student. Thank you for your time!

Physician's Signature\_\_\_\_\_ Date\_\_\_\_\_

Physician's Name (please print)\_\_\_\_\_

Address\_\_\_\_\_

Phone number\_\_\_\_\_

*This form is to be used by participants in the adaptive riding division only. It should be re-submitted every two years. Information contained herein will be maintained in confidence and is required for the safety and continued development of the adaptive riding programs.*