

**Developing Effective Training Models for Youth  
Horse Bowl & Hippology Teams  
NCSU Extension 4-H Horse Program  
2002 AYHC Talk Excerpts**

**Introduction:**

- Our youth are busy. They have many extra-curricular activities from which to choose: horse shows, 4-H, church, sports, etc.
- Managing educational practices for youth of varying ages and knowledge levels.
- The development of knowledge and study materials can be daunting.

*Equine knowledge & life skills development can be grasped through play as well as other models.*

**What you need to concentrate on:**

- |   |                           |
|---|---------------------------|
| 1. Parts of the Horse                             | 4. Events/Training        |
| 2. Basic Anatomy & Physiology                     | 5. Diseases & Health Care |
| 3. Selection/Judging<br>(include colors & breeds) | 6. Nutrition              |
|   | 7. Management             |

**For each session:**

- Have a planned theme
- Have youth develop their own lessons/tests/questions to stump team mates
- Learning is always enhanced when one is forced to teach a subject.

**Be Careful:**

- Be honest
- Do not forget typical practice methods, but introduce them at a later time once they have mastered a topic.
- Know your youth's knowledge level. Do not begin too hard; Build confidence!

**What is available:**

- |                   |   |
|-------------------|---|
| • Web             | • Posters, Visual Horse   |
| • Educational CDs | • Reference Books, Team Projects  |
| • Puzzles         | • NCHC sponsored Kits   |
| • Fieldtrips      | <a href="http://www.cals.ncsu.edu/an_sci/extension/horse/ohio.pdf">http://www.cals.ncsu.edu/an_sci/extension/horse/ohio.pdf</a> |
| • Games           |   |

**Developing Materials**

- |   |  |
|---|--|
| • Develop source lists                      | • Encourage the horse as a model for school projects |
| • Develop notebooks                         | • Organize field trips &/or guest speakers           |
| • Utilize coach/youth produced items        | • Utilize the latest technology available            |
| • Assign projects in their area of interest |  |

**Make your own training items:**

- |  |  |
|--|--|
| • Cut up the catalogs!                                     | • Beg for samples!   |
| • Always be on the lookout for any horse related pictures! | • Contact breed associations for free items, posters, etc. |

## Utilize Games:

- Fun for all
- Equine specific games available (EHH has samples)
- Make your own
- Adaptable to suit different knowledge levels
- Participate with the members
- Have reference materials available

## Utilize the web:

- Allows timid youth to study on their own without peer pressure
- Allows you to tailor the study for the child
- Many sources available at different levels
- You do not have to be present!

Examples: University of Kentucky at [www.uky.edu/Agriculture/AnimalSciences/](http://www.uky.edu/Agriculture/AnimalSciences/)  
Kentucky Horse Park at [www.imh.org/imh/exh1.html](http://www.imh.org/imh/exh1.html)  
Oklahoma State Univ. at [www.ansi.okstate.edu/breeds/horses](http://www.ansi.okstate.edu/breeds/horses)  
Horse Country Online Games at [www.horse-country.com](http://www.horse-country.com)

## CDs:

- Allows timid youth to study on their own without peer pressure
- Allows you to tailor the study for the child
- Many sources available at different levels
- You do not have to be there!

**Kansas State Judging CD** (\$19.95) - To order, call Julie Wolf at 785-532-1264 or  
Email: [jrwolf@ksu.edu](mailto:jrwolf@ksu.edu)

**AQHA Rising Star CD** (\$19.95, AQHA member \$14.95) -  
[www.aqha.quarterhorseoutfitters.com](http://www.aqha.quarterhorseoutfitters.com)

**Horse Smarts CD** (about \$10)- Oklahoma State 4-H, 205 Poultry Sci. Bldg., OSU,  
Stillwater OK 74078 or call 405-744-5390

**World of Horses CD** - [www.equivision.net](http://www.equivision.net)

## Other Sources of Information:

- Universities/Cooperative Extension/USDA
- Books, Catalogs and Magazines
- Games
- Breed Organizations
- Speakers and Farm visits
- Internet Websites
- Equine related Learning CDs
- Club prepared materials

## To Keep the Enthusiasm! Make it FUN!

- Develop knowledge levels easy to achieve
- Utilize field trips and speakers
- Light competition
- Always create situations where they can succeed
- Take an active role! Play with the youth

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**Here are some additional coaching suggestions for future Hippology participants.**

1. Read the directions completely. Complete all spaces. Do not leave anything blank. **Write legibility!**
2. Usually your first answer is the correct one. Also, only the first answer will be accepted if they write two answers for the same question regardless if the second one is correct.
3. Senior need to learn to spell the words correctly.
4. Learn the parts of the horse (external parts, muscles, the different systems, etc.).
5. Learn the basic function of the systems. Many are similar to the human body.
6. Learn correct health care and management techniques.
7. Read through the sources (pictures, diagrams, etc.) for the event. These are listed in the rulebook. Each NC County Cooperative Extension Office was mailed a copy of the *AYHC Horse Industry Handbook* (blue notebook) and the *AYHC Youth Leader's Manual* (white notebook) several years ago. Active counties also was mailed the Lon Lewis book, *Feeding and Care of the Horse*. Some public libraries may purchase sources if asked.
8. Take equine related field trips.
9. Use tack magazines to learn the correct name and function of equipment. Most are free. Here are some samples.

Millers 1-800-525-6087  
State Line Tack 1-800-228-9208  
Country Supply 1-800-637-6721  
Big D's 1-800-321-2142  
Valley Vet 1-800-356-1005

**Visit the 4-H Horse Program Reference Webpage for a complete list of sources:** [http://www.cals.ncsu.edu/an\\_sci/extension/horse/referenc.htm](http://www.cals.ncsu.edu/an_sci/extension/horse/referenc.htm)

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